

Professional Counseling

WHC has compiled a list of local Christian counselors that have experience dealing with a variety of issues. Please contact them individually to setup appointments.

Sharon R. Reynolds, M.S.W. LCSW

1140 36th Street Suite #275

Ogden, UT 84403

801-393-2255

Sharon Reynolds is a licensed clinical social worker. She received her training at Weber State University and at the University of Utah. She has bachelor degrees in Psychology and in Social Work, and a Masters in Clinical Social Work. Sharon has been in private practice providing Christian counseling in this area for 9 years and works closely with the Pregnancy Care Center of Ogden providing post abortion counseling and education. She is a member of the American Association of Christian Counselors. Sharon provides individual, marriage, and family therapy, specializing in sexual abuse/incest treatment, post abortion syndrome, sexual brokenness, relational and women's issues. Sharon and her husband are empty nesters with two adult children and 3 grandchildren.

Steven Kay, Psy.D.

1601 N. Hill Field Road

Suite 201

Layton, Utah 84041

(801) 776-1303

Fax: (801) 776-5077

Email: steven@kaypsyc.com

Web: www.kaypsyc.com

Dr. Kay is a licensed psychologist who has been practicing and teaching along the Wasatch Front since 1998. Dr. Kay received a Psy.D. in Clinical Psychology from the Rosemead School of Psychology, Biola University - an APA accredited institution. Following the completion of his training, Dr. Kay provided services for Cornerstone Counseling Center in Salt Lake City from 1998 to 2006, serving in roles such as Clinical Director as well as Domestic Violence Treatment Program Director. Dr. Kay has also worked and practiced in several additional clinical settings, including Harbor-UCLA Medical Center and County-USC Medical Center in California, Mountain Regional Services in Wyoming, and Advanced Behavioral Care in Salt Lake City. Dr. Kay has also served as an adjunct/auxiliary faculty member for the University of Phoenix, the University of Utah, and Biola University. Dr. Kay has published research and given numerous presentations in the areas of child, adolescent, and adult mental health and domestic violence treatment, mental health management, and corporate culture. Currently, Dr. Kay is completing an MBA degree at the University of Utah to gain further expertise in providing organizational consulting services.

Theresa Stueland Kay, Ph.D.

Dr. Theresa Kay is currently an Associate Professor of Psychology at Weber State University in Ogden, Utah. Dr. Kay received a Ph.D. in Clinical Psychology from the Rosemead School of Psychology, Biola University - an APA accredited institution. She completed a pre-doctoral internship at Valley Mental Health in Salt Lake City, Utah. Valley Mental Health's Adolescent Residential Treatment and Education Center (ARTEC). Dr. Kay began teaching at Weber State University in 2001, and teaches courses such as Child Development, Abnormal Psychology, Interpersonal Relationships, and Introduction to Psychology. From 2006-2010 she worked as a Staff Psychologist providing psychological evaluations and consultations at Axis-One Inc. in Riverdale Utah. Dr. Kay has also worked and practiced in several additional clinical settings, including Harbor-UCLA Medical Center and County-USC Medical Center in California.

H. Michele Myers, LCSW, SAP

Bristol Mountain Counseling
4155 Harrison Blvd. suite 200
Ogden, UT 84403
Phone: (801) 510-4790
Fax: (801)621-2560

H. Michele Myers, ACSW, LCSW began private practice in 1986 after getting her Masters Degree from the University of Utah in 1980. She is a generalist in the counseling field and has experience working with children, adolescence, adults through geriatric clientele with multiple issues and troublesome situations. Within the last 8 years her practice emphasis has been on men/women's issues, adult depression/anxiety and couples solution-focused treatment. Michele has worked in a drug and alcohol rehabilitation and sees people with substance abuse issues. She currently is a certified substance abuse professional with the Dept. of Transportation.

Michele is married and lives on a mini-farm with her husband and son raising Nigerian Dwarf goats. Michele is a Christian counselor, a believer, who applies her God-given gifts, through skill, training, knowledge and insight for the purpose of helping others in a solution-focused format. With her core Christian world-view, Michele is a passionate and committed servant of Jesus Christ.

Rob Pramann, Ph.D., BCPPC

Shepherd's Staff Christian Counseling Center, Inc.
575 23rd Street (23rd & Jefferson)
Ogden, UT 84401-1539
Phone: (800) 530-1934 x26
Fax: (800) 530-1934

website: www.ssgcc.com

Dr. Pramann is a licensed psychologist and Board Certified Professional Christian Counselor. He has provided counseling and psychological services in the Ogden area on an ongoing basis since 1987. He is also the Clinical Director at Shepherd's Staff Christian Counseling Center. He is the Utah coordinator for the Christian Association for Psychological Studies and is a member of the American Association of Christian Counselors. In addition to providing individual, marital, and family counseling, he provides supervision for mental health professionals in training and consultations and presentations for pastors, churches, other Christian groups, and for professional organizations/conferences. Dr. Pramann is pleased to work with his wife at Shepherd's Staff and enjoys his two children. Additional information including a more detailed biography and picture; professional resume (vita); sample presentations, workshops, and seminars; map; and more are available at the Center's website.

Alfred Lau, M.A.

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Ogden, UT 84401-1539
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Alfred is a Marriage and Family Therapist Intern under the supervision of Randy Johnson, MA, LMFT. His specialty interests include: marital/couples therapy (communication, sexuality, finances, adjustment); parenting and especially challenging teenagers; clarifying issues of faith (such as science vs. faith or problems of doubt); and coping with career, relational, and sexual identity issues. He uses a holistic approach to therapy-treating the "whole person." ".Present your bodies (Physical) as a living sacrifice, holy and acceptable to God, which is your spiritual worship (Spiritual). Do not be conformed to this world (Social), but be transformed by the renewing of your mind (Intellectual), that you may prove what is the will of God, what is good and acceptable and perfect."

He has a BA in Communications (Journalism, 1991) and an MA in Clinical Psychology (1997) from Azusa Pacific University. He accepted Christ as Savior through Singapore Youth for Christ and in his earlier years was in full-time Christian ministry. He and his wife are enjoying their "empty nest." Additional information including a more detailed biography and picture; professional resume (vita); sample presentations, workshops, and seminars; map; and more are available at the Center's website.